First GOAL: x pages by [date] (starting [date]) [x pages per day or x words per day for x work days] or x words total

[TITLE]: [x] DRAFT											
Date	**time in**	**time out**	**total**	**hr**	**activity**	**notes**	**total word count**	**words added/ subtracted**	**pages**	**wrds/pg**	**Manuscript pages: 250 words/pg is X pages**
9/1/2006	*9:35AM*	*10:35am*	***1***	***1***	*input notes for Act I*		*3,412*		*11*	*310.1818*	*13.648*
			total	**1**	**hours**			**0**			